

PE and Sport Premium

The PE and sport premium is designed to help primary schools improve the quality of the PE and sport activities they offer their pupils.

St John's will receive approximately £18,000 this year to improve PE provision across the whole school.

Our aims when spending the PE and Sports Premium are to:

- increase children's engagement in regular physical activity – both competitive and non-competitive
- raise the profile of PE and sport across the school as a tool for whole school improvement
- increase the confidence, knowledge and skills of school staff in the teaching of PE and sport
- broaden the experience of PE and sporting activities for all our children
- increase participation in competitive sport

2018-2019

Action	Expected Impact
<p>Provide a specialist teacher for gymnastics for two terms, for children in Years 3 – 6.</p> <p>Improve the quality of our equipment to match the range of gymnastic skills taught.</p>	<p>Skills of the teachers and the quality of the PE lessons will increase. Children will enjoy gymnastics and develop their co-ordination, balance and agility.</p> <p>An after school gym club will further engage and develop children's skills, particularly girls. The gifted and talented gymnasts will have the opportunity to take part in the Woking Area schools competition in December.</p> <p>Spending to include new balance benches and mats for lessons.</p>
<p>Provide sports coaching at lunchtimes.</p>	<p>Children will have access to more high quality, directed physical activities outside lesson time. This will become part of the '60 minutes per day' recommended level of physical activity for children, by the government's Chief Medical Officer.</p>
<p>Attend the Primary PE and School Sports Conference for Surrey</p>	<p>Gain information about the national developments for PE, sport and health initiatives.</p> <p>Keynote speaker Dr. Zoe Williams is focused on childhood obesity and its causes and solutions. Jade Jones, Paralympic wheelchair racer, is the other keynote speaker, focused on inclusion in all aspects of PE.</p>

	Network with local area providers of health and fitness opportunities.
Maintain our partnership with local primary schools via the Woking Area Sports for Primary Schools 'WASPS' to offer our children more opportunities to participate in a wider variety of sports.	Increased opportunities for pupils to experience competitive physical activity in a variety of settings beyond our school grounds. St. John's to organise the local area Hockey Tournament.
Continue to sign up to 'Maths of the Day' for the year, enabling teachers to have access to physical activity ideas to incorporate into more active Maths lessons.	Fewer sedentary lessons in the week, more maths lessons which combine physical movement with mentally challenging and engaging maths.
Increase girls' participation in football. (obtain '7 a side standard goals' for match play and training)	Provide a 'girls only' football club after school with the intention of entering girls teams into local tournaments. (Woking District and Woking FC's event in particular)
Improve quality of netball teaching and learning.	Teachers' understanding of progression of skills in netball and ability to teach these increase. Children develop skills and knowledge of netball, as well as broader competitive and team skills. Intra school competitive games increase, with a netball tournament. Links to be made to Cardinals Netball Club. St. John's to be represented at local area competitions. There will be an after school netball club for KS2, run by a teacher, supporting the development of our competitive teams. Spending to include netballs, kit for four teams, 'spots' to support organising lessons.
Increase opportunities for an 'active break time'. Train a 'Sports Crew' to guide activities.	Sports Crew to engage more children in small, competitive games at break. Sports Crew to raise the profile and importance of active break times to their peers.
Use the St. John's site more effectively for orienteering and other outdoor activities by mapping the area. Orienteering and outdoor learning training for teaching staff.	A high quality map of the site, and orienteering points distributed across the site, will encourage and involve teaching staff and children in working outdoors, more actively, more often. A decrease in the sedentary nature of the week's lessons.
Begin an after school dance club in Spring Term.	Increased interest in non-competitive physical activity.

Provide a specialist dance teacher for KS1 and 2 curriculum time in Summer Term.	Improve teachers' knowledge and understanding of dance teaching.
Balanceability for Year R and Year 1	The programme is designed to help children gain the confidence and skills required to ride a pedal bike independently, getting them off to the best start in cycling.
Upgrade and improve outdoor break time fixed equipment.	Improved agility, balance and control opportunities for physical exercise during break times. Children interacting successfully with each other and improving their physical strength and confidence in the social setting of break time free play activities.

2017-2018

St John's will receive approximately £18,000 this year to improve PE provision across the whole school.

Action	Impact
Provide a specialist teacher for gymnastics for two terms, for children in Years 3 – 6.	Skills of the teachers and quality of gymnastics teaching further increased. Lessons increased teacher confidence and capacity to teach the subject. Some teachers able to support the more complex aspects of gymnastics (the vault) in lessons. Children developed greater levels of core strength and skill from the gymnastics PE teaching. Provision for the talented gymnasts is in place with an outlet for them to compete against other talented gymnasts. Twelve St. John's children competed in the Woking competition for gymnastics, with squad members from across all KS2 classes. An after school gymnastics club took place each week in the autumn term, run by a member of the teaching staff.
Provide sports coaching at lunchtimes.	Children have access to high quality, directed physical activities outside lesson time. This contributes to part of the '60 minutes per day' recommended level of physical activity for children, by the government's Chief Medical Officer. Children learn the social rules of gameplay, with adult support.
Attend the Primary PE and School Sports Conference for Surrey	Information gained about the national developments for PE, sport and health initiatives. Keynote speaker Dr. William Bird explored the issue of decreasing sedentary behaviour for all age groups, in order to positively impact on health.

	<p>Opportunity was taken to network with local area providers of health and fitness opportunities.</p>
<p>Maintain our partnership with The Winston Churchill School and other local primary schools via the Woking Area Sports for Primary Schools 'WASPS' to offer our children more opportunities to participate in a wider variety of sports.</p>	<p>Increased opportunities for pupils to experience competitive physical activity in a variety of settings beyond our school grounds.</p> <p>Each year group invited to participate in a festival at Winston Churchill School, strengthening links between schools.</p> <p>St. John's organised the local area Hockey Tournament, attended by 12 schools.</p>
<p>Increase the number of active lessons at St. John's by incorporating 'Maths of the Day' into our planning and teaching. One staff member to receive the training on the package and lead on this initiative.</p>	<p>Teaching staff used the activities to ensure fewer sedentary lessons in the week, more maths lessons which combine physical movement with mentally challenging and engaging maths.</p>
<p>Increase girls' attendance at after school sports clubs.</p>	<p>Not achieved via a 'girls only' club – however as of Autumn 2018 a girls only football club is being successful in attracting participants.</p>
<p>Increase opportunities for KS1 children to participate in after school sport.</p>	<p>Not yet achieved – KS1 staff offer different clubs, not physical activity based ones. In a small school, finding enough staff to provide all types of club is difficult.</p>
<p>Increase opportunities for an 'active break time'. Train a 'Sports Crew' to guide activities. Improve and add to some of the outdoor fixed equipment.</p>	<p>Sports Crew from Years 5 and 6 engaged more of the younger children in small, competitive games at break.</p> <p>The profile of our older pupils as sports leaders is beginning to develop – although this needs to be sustained into next academic year.</p>
<p>Balanceability for Year R and Year 1</p>	<p>All children in Reception and year 1 took part in the Balanceability and developed their cycling skills.</p>
<p>Use the St. John's site more effectively for orienteering and other outdoor activities by mapping the area.</p>	<p>This took longer to achieve than expected for reasons out of our control.</p> <p>As of November 2018 an electronic, orienteering standard map is now complete and ready for use from January 2019. Training also to be provided.</p>
<p>Ensure Silver Level of the Sainsbury's School Games Mark is maintained or exceeded.</p>	<p>High percentages of children at KS2 represented the school across various sports at local area events. St John's competed in football, cricket,</p>

	athletics, gymnastics, hockey, golf and cross country running. After school sports clubs are popular – sport is highly valued at St. John’s. Silver Level still requires a ‘B’ team participates in an event – hard to achieve because sometimes we don’t have enough children to field a ‘B’ team but also many events are oversubscribed, not giving ‘B’ team opportunities.
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Extra spending:

Following the sports conference, and inspired by one of the presentations, four ‘standing desks’ were purchased for use in Year Five, to promote an option to stand and write/read, rather than sitting for extended periods. These have been welcomed by all children, who use them flexibly throughout academic, classroom based lessons, swapping between sitting and standing through the day, beginning to understand the health benefits of working whilst standing – and the increase in core strength gained by doing so.

During Maths and Sports week, all children in KS2 experienced archery. All children in KS1 and EYFS had a specialist teacher visit for the day, who engaged them in physical skills via stories.

Basic sporting equipment (hoops, skipping ropes) were purchased to enhance Maths and Sports week.

Netballs and bibs for the netball team.

Refreshed swimming equipment to enhance swimming lessons.

Running track for the perimeter of the field, not yet achieved, but still needed.